



SUMMER HOLIDAY COACHING PROGRAM for Adults



Week 1: July 4th – 7th
 Week 2: July 11th – 14th
 Week 3: July 18th – 21st
 Week 4: July 25th – 28th

| DAYS | PROGRAM | TIME | Price per session |
|--|----------------------|-------------------|-------------------|
| Morning Sessions Below are based on Tennis Canada Ratings and participation level in club leagues | | | |
| Coach n Play – Drills and organised point play sessions | | | |
| MONDAY / THURSDAY | 3.0 + | 10.00am – 11.30am | \$25.00 |
| TUESDAY | 3.5 + | 10.00am – 11.30am | \$25.00 |
| WEDNESDAY | 2.0 to 2.5 | 10.00am – 11.00am | \$20.00 |
| Evening Sessions Below are based on Tennis Canada Ratings and participation level in club leagues | | | |
| Coach n Play – Drills and organised point play sessions | | | |
| Monday | 4.0+ | 5.00pm – 6.30pm | \$25.00 |
| Tuesday | 3.5+ | 5.00pm – 6.30pm | \$25.00 |
| Wednesday | 3.0+ (Singles theme) | 5.00pm – 6.30pm | \$25.00 |
| Thursday | 3.0+ (Doubles theme) | 5.00pm – 6.30pm | \$25.00 |

ALL SESSIONS ARE HELD INDOORS
 BOOK YOUR PLACE BY EMAIL @

momentumtenniscoaching@gmail.com

DARRAN WRIGHTON
MOMENTUM TENNIS COACHING
 250 – 883 – 4588

